

APPENDIX 2 - RESOURCES

This chapter-by-chapter compilation of helpful links to online resources is not prescriptive but is provided to enhance the teaching experiences with your child. These materials come in many forms and cover essential background information and knowledge, specific activity instructions and teaching aids that will facilitate the learning outcomes.

Due to the dynamic nature of the Internet, some of the web addresses and links in this Appendix may have changed since publication or are no longer valid. However, these links will be regularly maintained and available for access on the author's website. If you have any issues or questions, contact the author at marglarden@gmail.com.

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CHAPTER 1

COURSES AND TALKS	
Adult Child and Baby First Aid Course—Red Cross (USA)	How To Multiply Your Child's Intelligence Course
Caring for Babies and Kids—St John Ambulance (Aust)	Introduction to Montessori Education
First Aid for Babies and Children Course—Red Cross (Aust)	Newborn Course
First Aid for Babies and Children Webinar	Online Montessori Training Courses
	Paediatric First Aid Course—Red Cross (UK)
	Paediatric First Aid—St John Ambulance (UK)
INFORMATION	
A Parent's Guide to Kidsafe Homes	Kidsafe—Poisoning Information Sheet
Healthy Eating for Kids	Nidirect: Healthy Eating for Children
American Montessori Society	Nutritional Psychiatry: Your Brain on Food
British Nutrition Foundation: Nutrition for Baby	Pregnancy, Birth & Baby
Childproofing Your Home	Stanford Children's Health
Delvy.ai	The Institutes for the Achievement of Human Potential
Feeding Your Baby	Up and Away Initiative
Gentle Revolution	USDA.gov
Keeping Children Safe from Poisonous Substances	
APPS	BOOKS FOR PARENTS
Delvy - AI Research Assistant Tool	How To Raise an Amazing Child the Montessori Way

CHAPTER 2

ACTIVITY INSTRUCTIONS	AIDS
Early Years Wellbeing Program	Busy Box
Empathy, Gratitude and Mindfulness Activities	Feelings Scale + Coping Skills
Finding My Calm	Gratitude Journal
Mindfulness for Little Ones	Mindfulness Apps
Teaching Character Development in Early Childhood	Sand Timer
Teaching Self-Control	Yoga Mats for Kids
The Kindness Curriculum—Prior to School	World Map Floor Puzzle
What is Self-Esteem?	
BOOKS FOR CHILDREN	
All Are Welcome	Llama Llama Red Pajama
Be Kind	Miss Rumphius
Dinosaur Learns Empathy	Rumpelstiltskin's Daughter
Emily's Everyday Manners	The Carrot Seed
Ferdie Makes a Friend, a Story About Caring	The Quiltmaker's Gift
Grody's Not So Golden Rules	The Rag Coat
I Am Stronger Than Anger	The Story of Conservation
I'll Wait, Mr. Panda	The Thankful Book
Kindness Makes Us Strong	Too Much Noise
	Waiting
COURSES AND TALKS	
The Resilience Project	

CHAPTER 3

INFORMATION	ACTIVITY INSTRUCTIONS
<p>The Importance of Early Bonding The Power of Touch What is Secure Attachment and Bonding Young Children Develop in an Environment of Relationships</p>	<p>Nursery Rhyme—1,2,3,4,5 Once I caught a fish alive</p>
AIDS BOOKS FOR PARENTS	
<p>Briefcase Cleaning Tools Hard Hat Kitchen Tools Medical Kit Rechargeable Torch/Flashlight Toolbox Unbreakable Mirror Wooden Tool Set Work Bench</p>	<p>Born For Love: Why Empathy Is Essential - and Endangered How to Teach Your Baby to Read: The Gentle Revolution Pink Brain, Blue Brain: How Small Differences Grow into Troublesome Gaps—and What We Can Do About It The Gendered Brain: The New Neuroscience that Shatters the Myth of the Female Brain What's Going on in There? Whispers Through Time</p>
BOOKS FOR CHILDREN	
<p>Baby Touch and Feel Animals Hattie and the Fox</p>	<p>Time for Bed Who Sank the Boat?</p>

CHAPTER 4

INFORMATION	
<p>Aboriginal Art American Academy of Pediatrics, USA A Naturalist's Guide to the Butterflies of Australia A Parent's Guide To Kidsafe Homes A Positive Approach to Discipline: Babies and Children Books to Build Character and Teach Your Child Important Values Build a Campfire—Boy Scouts of America Handbook Hacks Care for a Goldfish CDC Developmental Milestones Chihuly Glass Creations Childproofing Your Home Collective Nouns for Groups of Animals Companion Planting for Beginners Constellations Crop Rotation Effective Discipline for Children Familiar Butterflies of North America FFY Developmental Milestones 1-2 Years FFY Developmental Milestones 2-3 Years FFY Development Milestones 3-5 Years Firstfiveyear.org.au First Man First Phase Results (GUD) Australia Flightless Birds Flowers Leaves and Other Plant Parts Glassmaking Growing Up Digital (GUD) Alberta Growing Up Digital (GUD) Australia Guide to Ladybirds of the British Isles</p>	<p>Helping Kids Identify and Express Feelings How a Seed Becomes a Plant How Farmers Shear Sheep How to Prepare Tomato Seeds for Growing Immune System Keeping Children Safe from Poisonous Substances Kidsafe—Poisoning Information Sheet Ladybirds Marshmallow Roasting Safety National Geographic Stargazer's Atlas: The Ultimate Guide to the Night Sky Rainbow Facts for Kids Raisingchildren.net.au Requests and Instructions: Helping Children Cooperate Roasting Marshmallows Royal Society for the Prevention of Accidents, UK Second Phase Results (GUD) Australia Shell Fossil SunSmart Suzuki (Australia) Suzuki (United Kingdom) Suzuki (United States of America) The Lifecycle of the Butterfly The Royal Children's Hospital Melbourne, Australia Up and Away Initiative Various Articles on Discipline and Self-Discipline What are Magnets? Yamaha (Australia) Yamaha (United Kingdom) Yamaha (United States of America)</p>
APPS	
<p>Night Sky</p>	<p>SkyView®Lite</p>

CHAPTER 4 *Continued*

ACTIVITY INSTRUCTIONS	
Australian Aboriginal Art Coloring Book	Make a Rain Gauge
Australian Aboriginal Dot Painting for Kids	Make a Pinwheel
Australian Aboriginal Crane Dance	Making Music with Water
Australian Scouts Program Resources Library	Montessori at Home: Activities for Newborn Babies
Backyard Bug Book for Kids	Montessori at Home: Activities for Babies 3-6 Months
Beginner Yoyo Tricks	Montessori at Home: Activities for Babies 6-9 Months
Blowing Out an Egg	Montessori at Home: Activities for Babies 9-12 Months
Build a Rocket Using a Cardboard Paper Roll	Montessori at Home: Activities for Babies 12-15 Months
Chocolate and Marshmallow Bananas in Coals	Montessori Finger Knitting
Color the Egg Using Vegetable Dye	Nature Craft Projects for Kids
Corner Page Bookmarks	Origami Butterflies Kit
DIY Pom Poms	Paper Airplane Book
Dry/Press Leaves and Make a Bookmark	Paper Plate Animal Masks
Dry Your Strawberries in the Oven	Phonetic Alphabet A to Z
Easy Christmas Origami	Printable Placemat
Finger Knitting	Quick and Easy Envelope Hand Puppets
Fresh Pasta Recipe	Science Alive
Garbage Bag Kite	Science Kinetics
Homemade Playdough Recipes	Smithsonian 10-Minute Science Experiments
How To Eat with Chopsticks	Spectacular Science Days Out in the UK
How To Hula-Hoop	Strawberry Santas
How To Juggle	Sun-Earth-Moon Model
How To Make a Bookmark	The Harvey Sisters Irish Dance Performance
How To Make Hand Shadow Puppets	The Scouting Guide to Hiking
How To Make Homemade Butter	The Scouting Guide to Survival
How to Make a Native-American Headband	Thrivebyfive.org.au
How To Make a Telephone with Cans	Tie-Dye Easter Eggs
How To Play Baby Shark on The Xylophone	Tummy Time
How to Play the Ukulele	What Makes a Magnet?
I Love It When It Rains	365 Things to Make and Do
Kite Coloring Book for Kids	
Learning About Insects	
Let's Get Gardening	

CHAPTER 4 *Continued*

AIDS	
A Raindrop's Journey	Magnetic Boats
Animal Snap Card Game	Magnifying Glass
Art of Conversation	Match a Pair of Birds: A Memory Game
Australian Cork Hat	Match a Leaf: A Tree Memory Game
Baby Bird Pull Along Toy	Milk from Cow to Carton
BabyBjorn Smart Potty	Montessori Children's Knife
Baby Crib Mobile	Montessori Doctor's Tool Kit
Backyard Birds of North America	Montessori Nature Resource
Ball for Baby	Montessori Wooden Busy Board
Basketball	Multi-Purpose Floor Mobile
Basketball Hoop with an Adjustable Stand	Musical Instruments for Toddlers
Beginner Juggling Balls	My Shadow by Robert Louis Stevenson
Bird Calls	Papua New Guinean National Anthem
Black And White Baby Mobile	Percussion Instruments for Toddlers (1-3)
Bubble Blowing Toy	Plastic Ten Pin Bowling Set
Busy Book for Toddlers	Plastic Shape Sorter
Calm Music for Babies	Popsicle Molds
Cleaning Tools	Pop Up Activity Toy
Clock Face	Pounding Bench
Cloud Chart	Push Toy
Concept of Diversity	Rattle and Rock Maracas
Cookie Cutters	Rocking Chair
Corolle Doll and Accessories	Sand Timer
Dance of the Sugar-Plum Fairy	Scissors
Dartboard	Shapes
Dragonflies	Shearing Sheep
Dream Doll and Accessories	Sippy Cups
Drums	Soft Stacking Blocks
Early Education Activity Board	Space Bingo
Explore my World: Honey Bees	Sweeping Tools
Explorer Compass	Teach Me French
Flashcards	The Days of the Week
Four Seasons by Vivaldi	The First Years Stack Up Cup Toys
Fruit Salad	The Wheels on the Bus
George Meets the Orchestra	
Glow in the Dark Stars	

CHAPTER 4 *Continued*

AIDS <i>Continued</i>	
Harmonica Indian National Anthem Italian Music - Background Chill Out Japanese National Anthem Junior Learning Emotion Dominoes Kids Talking Point Cards Learning About Animals with the Wiggles Lily	Traditional Didgeridoo Rhythms Trumpet Tunnel Ukulele Ukulele Tuner Unbreakable Mirror Water Balloons Wind on the Hill Windsock Xylophone
BOOKS FOR CHILDREN	BOOKS FOR PARENTS
At the Beach with Lizzie and Luke Baby Animals Black and White Beginnings and Endings with Lifetimes in Between Curious George's First Day of School First Book About the Orchestra Little Kids First Big Book of Birds Little Kids First Big Book of Space My Culture and Me The Big Book of Bugs The Great Big Book of Families The Very Hungry Caterpillar This Is How We Do It What If We Were All The Same! Wind When We Were Very Young 101 Poems for Children: A Laureate's Choice	Contact: The First 4 Minutes How Toddlers Thrive How to Teach Your Baby to Read: The Gentle Revolution Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting Positive Discipline: The First Three Years

CHAPTER 5

INFORMATION	
Brain Gym Australia Brain Gym UK The Brain Gym Program	Music Neuroscience Pencils or Crayons
ACTIVITY INSTRUCTIONS	
Brain Gym Brain Gym: The Complete Brain Warm-Up Easy Christmas Origami Finger Knitting Finger Strings Hide-and Seek How to Eat with Chopsticks How to Hold and Use Scissors	How to Properly Grip Pencils How to Use Cutlery Lemonade Scone Recipe Nursery Rhyme—1,2,3,4,5 Once I caught a fish alive Readingeggs.com.au Transition to School
AIDS	
ABC of Body Safety and Consent Easy-Grip Colored Pencils Flashcards with Big Red Words Connect the Dot Activities Connect 4 GPS Child Tracker Jumbo Tweezers Kids Darts Left and Right-Handed Kids Scissors Marble Run Toy Sets Montessori Children's Knives	Montessori Screwdriver Board Pick up Sticks Readingeggs.com.au Resources for General Knowledge Shutterstock Maps The New World Champion Paper Airplane Book Toddler-Sized Paintbrushes World Globe
BOOKS FOR CHILDREN	BOOKS FOR PARENTS
Starting School The Great Big Book of Families The Invisible String	How to Teach Your Baby to Read: The Gentle Revolution Smart Moves: Why Learning Is Not All in Your Head

CHAPTER 6

INFORMATION	
It's Not as Simple as "Praise Effort" Multiple Intelligences Developmental Assessment Scales	The Connell Multiple Intelligence Questionnaire for Children
ACTIVITY INSTRUCTIONS	
Big Life Journal Resources for 4 to 6-year-olds Brain-Based Strategies to Reach Every Learner Chess for Children Chess for Children Activity Book Hide and Seek	How to Play the Harmonica How to Play the Ukulele Learning Activities That Connect with Multiple Intelligences Snap The Different Ways Your Child Learns
AIDS	
Beginner Harmonica in the Key of C Big Life Journal Resources for 4 to 6-year-olds Charades Dominoes Explorer Compass GPS Child Tracker Growth Mindset Conversation Cards Growth Mindset Poster Jr. Boggle Junior Monopoly Junior Scrabble Kid's Ukulele	Magnetic Chess Set Maracas One Potato Two Potato Readingeggs.com.au Simon Says Spellie Ten-Pin Bowling The ABC Song The Gamesman-Children's Chess (Australia only) Times Tables Twister Ukulele Tuner
BOOKS FOR CHILDREN	BOOKS FOR PARENTS
I Believe I Can Mistakes Are How I Learn The Girl Who Never Makes Mistakes The Power of Yet Your Fantastic Elastic Brain	Frames of Mind: The Theory of Multiple Intelligences In Their Own Way Multiple Intelligences in the Classroom The Art of Growing Up The 7 Habits of Highly Effective People

CHAPTER 7

INFORMATION	
A Child's Need for Sleep Australian 24-Hour Movement Guidelines for the Early Years (birth to 5 years) Australian Parenting Website Balance and Coordination Benefits of Exercise on your Kid's Brain Harvard Health: Get Your Baby Moving Images of Rock Art in Newfoundland Kids Alive Negative Ions Create Positive Vibes	Pedestrian Safety and Road Safety for Kids (AUS) Physical Activity and Exercise Guidelines for Infants, Toddlers and Preschoolers Road Safety and Pedestrian Safety (USA) Rules for Pedestrians (UK) Swimming Lessons Save Lives: What Parents Should Know When Can a Baby Go in a Pool? 8 Benefits of Infant Swim Time
ACTIVITY INSTRUCTIONS	
Hickory Dickory Dock How to Paint Rocks Make a Seashell Necklace or Bracelet Pin the Tail on the Donkey Play Ideas to Encourage Movement for Babies 3-12 months Preparing Babies for Vestibular Activities Preschool Handstands Row, Row, Row Your Boat	Spinning, Rolling and Swinging for the Preschooler Teaching Your Child to Hula Hoop Ten Vestibular Activities to do With Your Baby or Toddler The Grand Old Duke of York Tummy Time Vestibular Activities Yankee Doodle Went to Town
AIDS	
Armagado Brachiation Ladder Beanbags Best Kid Friendly Trails in Australia Best Kid Friendly Trails in England Best Kid Friendly Trails in the USA Explorer Compass Forever Redwood Monkey Bars	Funky Monkey bars Hammock Images of Rock Art in Newfoundland Juggling Balls Pedometer Surveyor's Measuring Wheel - Imperial Surveyor's Measuring Wheel - Metric
BOOKS FOR PARENTS	
Fit Baby, Smart Baby, Your Baby! From Birth to Age Six	Spark! How exercise will improve the performance of your brain